

TIMBER CREEK CHARITIES



Hope. Spirit. Love.

2009 ANNUAL REPORT

MESSAGE FROM THE FOUNDER

Welcome to the 2009 Timber Creek Charities Annual Report. In many ways, 2009 was a year of challenge and change. The weather challenged us, with too much rain in the summer inhibiting our carriage rides and more inclement days in the winter than we have ever experienced since Timber Creek opened. We have had some staff changes and, as always, new patients come and those who no longer need our services go. We are blessed to have them with us while they need therapy, and we celebrate with them when they no longer need our help.

2009 was a year of personal change and challenge. I had the opportunity to have the shoe on the other foot and learn more about surgeries and recovery from a personal point of view. I was blessed to have the help and support I needed through my challenges, and am grateful to join the amazing staff at Timber Creek to help those who come through our doors.

What has remained constant at Timber Creek is we are blessed with a dedicated, talented staff, wonderful volunteers, amazing community support and great patients and families. With the help of Timber Creek Charities, 114 people received therapy services in 2009 for which they would not have had insurance coverage or personal funds.

In this report you will see stories of special patients, amazing donations and fundraising efforts to help Timber Creek Charities provide ongoing assistance to patients who need help.

We thank the Timber Creek Charities Board of Directors for their dedication and guidance, and we salute our volunteers for the helping hands to make this all possible! We are also immeasurably grateful to each and every person who made a donation to Timber Creek Charities.

Please know you are welcome to come for a tour and learn more about the services we offer.

Blessings to you and thanks for another great year!

Cindy McCarty

Cindy McCarty
Director, Timber Creek Therapies
Timber Creek Ranch



VARIETY TEAMS WITH TIMBER CREEK TO HELP CHILDREN

Timber Creek Therapies provides physical, speech and language therapy to 50 or 60 children each week. Another eight to 10 children participate in therapeutic riding sessions.

Variety – The Children's Charity of Iowa is dedicated to improving the lives of children in Iowa's communities. In 2009, and for the fourth year in a row, Variety provided \$10,000 to Timber Creek Charities to assist children who receive services at Timber Creek.

Timber Creek Charities helps those who don't have adequate insurance for therapy, or private funds to cover therapeutic riding, which is never covered by insurance.

Here are the stories of two children who received assistance in 2009 because of the Variety grant.

BRAYLUNN WEARMOUTH

Christi Wearmouth of Panora was pregnant with her second child when her water broke much too early. She was hospitalized and able to carry her son, Braylunn, a few more weeks before he was born nine weeks early.

Christi's brother, Tristan, was born prematurely and has spent his life dealing with severe physical limitations caused by cerebral palsy. So it's not surprising she was scared about what a premature birth might do to her own son.

She and husband Ryan were thrilled when tests showed all was well. But as time went along, they noticed tightness in his legs. As other babies his age began to crawl and walk, Braylunn didn't.

Alice Sheeder of Panora is Braylunn's grandmother. Her son Tristan had been receiving physical therapy at Timber Creek for many years. So the family got a medical prescription for Braylunn to come to Timber Creek.

Sue Behrens is the therapist who works with Tristan, and who evaluated Braylunn at Timber Creek. She suspected cerebral palsy and recommended a medical facility in Minnesota that specializes in children. A trip there confirmed her suspicions.

Behrens began working with Braylunn in the spring of 2009. At first he came one day a week for therapy in the warm-water pool. "He wasn't walking," Sheeder says. "He really wasn't even weight-bearing and he

should have at least been standing. Now he's 100 percent different."

Sheeder often brings Braylunn to Timber Creek for his therapy, since his parents are busy with his brother Bli and have another baby on the way. "He loves it here. He really looks forward to coming," Sheeder says.

Braylunn splits his time with Behrens at Timber Creek between the pool and the horse arena. "He likes both the pool and the horses. I thought he might be afraid of the horses, but he's not at all," Sheeder says.

In the pool, Behrens puts weights on Braylunn's legs and works on his range of motion and muscle strength. "When we first started, he wouldn't stand on his legs at all," Behrens says. "Now he's walking."

Behrens says the time on horseback is especially good for Braylunn's hips and trunk.

Now three years old, Braylunn attends preschool and receives speech and physical therapy through an Area Education Agency. The family has private insurance, which covers some therapy costs, but visits are limited and private funds are tight with so many other medical bills and travel costs.

So for now, Braylunn's therapy at Timber Creek is covered by Timber Creek Charities, using the Variety grant funds. And with each visit, he takes another step toward a brighter future.



Sue Behrens makes Braylunn Wearmouth's physical therapy in Timber Creek's warm-water pool seem like play, rather than work.



Sydney Neal looks forward to coming to Timber Creek, where she spends time on horseback while learning to control her stuttering.

SYDNEY NEAL

Ask seven-year-old Sydney Neal what she likes best about Timber Creek and her answer comes quickly—"The horses!" Turns out Sydney's fast talking is what got her to Timber Creek.

Sydney and her parents Allen and Tawnya live near Stuart. "Her school principal recommended we try Timber Creek," says Allen. "She was trying to talk so fast that she stuttered. The school was having her see a speech therapist but those sessions were only five to 10 minutes. We wanted to get her more help."

The Neals decided to give Timber Creek a try. "We had no clue they would put her on a horse," Allen says. "We were skeptical. But it has made a big difference in her speech. We notice if she misses a session. When school started last fall, there was a three-week window when she didn't come to Timber Creek and her speech really went downhill."

Cindy McCarty walks beside Sydney as she rides a horse around the Timber Creek arena. As they walk, she asks Sydney questions, encouraging her to slow down to lessen the stuttering. She taught her to tap her finger as she talks, getting her speech into a rhythm that is easier to maintain.

McCarty also gives Sydney homework assignments. For instance, she'll assign her a reading about horses. During the following session, McCarty asks Sydney what she learned, giving her a chance to practice her "easy speech" while talking about a topic she loves.

"Our friends and relatives have noticed how much Timber Creek has helped her," Allen says. "She still has a problem, but we know she's learning techniques that will help her continue to improve."

The family's insurance wouldn't cover speech therapy at Timber Creek, so they were paying privately because they could see how much Sydney benefited. Then McCarty offered assistance through Timber Creek Charities, with funding from Variety.

Allen and Sydney make the half-hour trip from Stuart to Timber Creek each Thursday. "We're grateful for the help," Allen says. "I don't mind making the drive. I'll bring her until she can drive herself!"

CARRIAGE RIDES BRING BACK MEMORIES FOR CARE CENTER RESIDENTS

On Oct. 16, 2006, four residents of The New Homestead in Guthrie Center were the first care center residents to ride in a new horse-drawn carriage at Timber Creek Ranch. Three years later, this special program continues to offer a unique experience to residents of long-term care facilities.

In 2009, a \$2,500 grant from the Guthrie County Community Foundation (GCCF) helped cover the cost of carriage rides for Guthrie County residents.

It was the second GCCF grant to Timber Creek Charities. In 2007, a \$1,200 GCCF grant helped four Guthrie County residents without insurance receive needed physical and speech therapy at Timber Creek Therapies.

Timber Creek Charities had a wheelchair-accessible carriage built at the Miller Buggy Shop in Bloomfield in 2006. The carriage allows groups of 7-8 people, including two in wheelchairs, to experience Timber Creek Ranch.

Funds for the carriage were donated by American Equity and the Dave Noble Foundation of West Des Moines. It is pulled by a Belgian draft horse named Max, donated by Mark and Mary Bower of Coon Rapids.

Deb Coffman, activity director at New Homestead, says residents there are always eager to participate when a trip to Timber Creek is planned. "One man said he could do this every single day. Another said when we were out in the pasture he felt like he was in the Old West, and on top of the world," Coffman says.

"It's a very unique opportunity for our residents," she says. "The experience really stimulates all their senses of smell, sight, hearing, touch. The wind on their face and the sun in their hair is really something they enjoy."

Diane Watts, activity director at Panorama Nursing and Rehab Center, says having the carriage accommodate wheelchairs is a big plus. "The ramp makes it possible to take everyone who wants to go," she says. "Sometimes the people who would enjoy this the most may be physically unable to participate without the ramp."

The cost of the carriage program always has been borne by Timber Creek Charities, without a fee charged to riders who come from 10 care facilities in a five-county area.



Max provides the power for the carriage rides.



New Homestead residents enjoy a carriage ride at Timber Creek Ranch.



In late September 2009, residents of the Panorama Nursing and Rehab Center took a carriage ride that wound through a pasture and along a timber trail.

THERAPIST GIVES BOTH TIME AND MONEY

Whenever Cindy McCarty tells the story about how Timber Creek Therapies got its start, she gives some of the credit to a longtime friend, Sue Behrens.

Behrens has been a physical therapist for nearly 35 years, working in eastern Iowa and western Illinois, Omaha and Sioux Center. Originally from Audubon, she moved back to the area and founded her own business—Preferred Physical Therapy.

When McCarty was thinking about developing an outpatient facility, Behrens said if McCarty wanted to use horses to establish a therapy program, she would help.

So they began researching hippotherapy. Hippo is the Greek word for horse. In hippotherapy, specially trained physical, occupational and speech/language therapists use the movement of a horse as a treatment tool.

“I did some personal research and thought it was worth trying,” says Behrens. “I knew kids would enjoy it.”

Behrens travels across 12 to 14 counties to see patients in their homes. She also spends two days each week at Timber Creek, where she has been seeing patients since the doors opened.

Besides working in the horse arena, Behrens spends time in the warm-water pool where she helps patients with mobility, gait, trunk control and extremity strength and pain issues.

Before Timber Creek, Behrens hadn’t been involved in water therapy. “It gives me another tool to try,” she says.

Next to the pool there’s a workout room with treatment stations. A motorized cycle was added in 2008 that Behrens uses with patients who are paralyzed. “It really makes a difference for some people,” she says. “It provides cardiovascular benefits, stimulates muscle, and improves range of motion.”

Behrens says Timber Creek offers so many treatment options that it makes her job easier. “I have patients on horses, in the pool, in the workout room, and sometimes use a combination of all those,” she says. “If one isn’t working, then I try a different medium. It makes it easier to

get people to work when they don’t realize how much they’re doing.”

Not only does Behrens provide physical support for Timber Creek patients, she also provides monetary support. Over the past three years, she has donated \$5,200 to Timber Creek Charities.

“I’ve seen too often when a person’s insurance coverage ends and therapy would still be valuable. It’s important for them to continue, but sometimes that isn’t possible without insurance,” she says.

Or some patients have insurance coverage but the copay is so large they can’t afford it. “I just want to help some of the people who need physical therapy but don’t have the necessary insurance or personal funds to pay for it,” she says. “That’s where Timber Creek Charities can help.”



Sue Behrens has been Craig Smith's physical therapist at Timber Creek for more than two years. Here she watches as Smith works on a motorized cycle that uses an electric current to stimulate nerves that in turn makes his muscles work.

TIMBER CREEK PATIENTS AND THEIR FAMILIES GIVE AND RECEIVE

People who receive services at Timber Creek, and their families, often become donors to Timber Creek Charities. Here are some of their stories.



OWEN LIVINGSTON

Owen Livingston likes the Iowa State Cyclones and can name all the schools in the Big 12 Conference. He likes maps, computers and reading. And he likes coming to Timber Creek.

Owen is autistic. The 28-year-old lives with his parents, Paula and Rob, on their family farm near Fontanelle. Four days a week he goes to a workshop in Creston for people with special needs. Once a week he's at Timber Creek to spend a half-hour on a horse while practicing his listening and speaking skills.

For the past four years, Cindy McCarty and other Timber Creek staff members have worked with Owen to improve his ability to listen carefully and follow directions. "They give him three-step

and five-step directions for things to say and do," says Paula.

McCarty also has Owen practice "who, what, where, when, why" questions to get him to respond to everyday living skills. "This has helped Owen adapt and respond to his daily surroundings and other interests," Paula says.

"The staff at Timber Creek has so much patience," Paula says. "It's so calm here. It's like walking into a sanctuary. After his time on the horse and interacting with the staff, Owen is calm, too."

Owen and his parents donated \$1,000 to Timber Creek Charities in 2009.



BECKY ELLIOTT

It's been 33 years since Becky Elliott was diagnosed with multiple sclerosis. MS is a chronic, unpredictable neurological disease that affects the central nervous system.

For many people with MS, ongoing therapy with an emphasis on walking, strength, balance and

posture is important to maintaining and improving function. Elliott has been coming to Timber Creek from the time it opened nearly eight years ago.

In the beginning, Elliot received physical therapy twice a week, both in the warm-water pool and on horseback. Currently she makes a weekly visit for a half-hour of therapeutic riding.

Elliott, who lives in Carroll, uses a walker to get around. "I'm always stiff when I get off the horse," she says. "But by the time I get back home, I feel much better. I know the time on the horse really helps my core strength and stretches my muscles."

In 2009, Elliott donated \$2,500 to Timber Creek Charities that she received from an inheritance after her mother's death. "I always said if I had some money, I would give it to Timber Creek," she says. "This is a fantastic place."

JOHN OTTO

John Otto and his wife Jody Lorence are law partners in a practice in Atlantic. A stroke in 2009 caused Otto to lose some feeling and strength on his right side. But the biggest impact was to his speech.

Otto received speech therapy in Atlantic but eventually his therapist felt she had taken him as far as she could. She had worked with Cindy McCarty, so suggested he give her a call.

"Frankly, I had my doubts," Otto says. "I came and met with Cindy and decided to give the hippotherapy a try. I've been riding ever since."

Otto says he was familiar with the concept because a niece in New Hampshire works in equine therapy. "Suddenly I was one of the people who needed this type of therapy," he says.

Otto spends an hour with McCarty once each week. The first half-hour he is on horseback, followed by the two working at a desk. Often



This spring, John Otto donated hundreds of shade-loving hostas and helped plant them near the entrance to Timber Creek Ranch. He's shown with Cindy McCarty and some of the new plantings.

McCarty gives him homework assignments, which they review the following week.

“The stroke left me with some permanent damage and my speech will always be impacted,” Otto says. “But Cindy has brought me a long ways from where I was when I showed up at Timber Creek. She’s enabled me to get through life much better.”

Otto and his wife Jody donated \$1,000 to Timber Creek Charities. Why? “Because I think they’re doing wonderful work,” he says. “They helped me and I want to help them help others.”

DALTON HUSTON

Dalton Huston of Atlantic was 85 years old when he arrived at Timber Creek. Several small strokes and two major surgeries had put him on a downhill slide. Doctors told the family to consider placing him in a nursing home. But his wife Marjorie, son Dennis of Des Moines, and daughters Cindy Kool and Sherry Davis of Adel, wanted more for Dalton.

They brought him to Timber Creek Therapies for both speech and physical therapy. “We could see a difference after his first visit,” says Kool. “He loved horses so Timber Creek was a great fit for him. His ability to speak, communicate, read and think all improved.”

At first, Dalton’s therapy sessions were covered by Medicare. He made so much progress he “graduated” in May 2008. But by that fall, he was declining again, showing signs of depression and a loss of the improvements he had made.

So Dalton’s family brought him back. “His personality changed almost immediately,” says Kool. “He was much more cheerful. Those visits improved his quality of life.”

Dalton passed away July 5, 2009. Soon after, his family donated \$1,000 of memorial funds to Timber Creek Charities. “We still miss him terribly, but the smiles and progress he made while receiving therapy at Timber Creek were priceless,” says Davis.

“We believe in this program so much because of the changes we saw in our dad,” says Kool. “Cindy McCarty and the staff at Timber Creek

gave us a wonderful gift—our dad for several more months. We hope by donating this money, they will be able to give this same gift to other families.”

CRAIG SMITH

Craig Smith of Elk Horn suffered a spinal cord injury in a fall in March 2007 and now uses a wheelchair. After rehabilitation in medical facilities in both Nebraska and Des Moines, he still needed physical therapy.

“We were so concerned about what to do next,” says Craig’s father, Doug. “We had heard about Timber Creek from other people who have been there and knew that’s where we wanted him to go.”

Craig’s mother, Wanda, drove him to Timber Creek for the first year, but now he makes the 45-minute trip twice a week on his own. He has received physical therapy both in the warm-water pool and on horseback.

During the past year, he’s also benefited from time on a motorized cycle. It uses an electric current to stimulate nerves that evoke patterned movement in legs or arms. This enables muscles to work even though all or some control of the muscles has been lost.

Craig’s physical therapist, Sue Behrens, says she continues to see improvement in his condition. (See a photo of Behrens and Smith on page 5.)

“The reports we get back on his sessions on the cycle show an increase in power output in his legs, which leads to some increased ability for him to stand in the pool and in leg braces,” she says.

Craig’s parents made a \$700 donation to Timber Creek Charities in 2009, plus sponsored a team for \$300 at the annual golf tournament. “The staff at Timber Creek is just fabulous. They keep him motivated and are so good to him,” says Doug. “He has been helped so much there.”



KNIGHTS OF COLUMBUS DONATE AGAIN IN 2009

The Knights of Columbus Council #11242 from St. Cecilia's Catholic Church in Panora has been an annual contributor to Timber Creek Charities since the nonprofit was founded in 2003.

In 2009, the group made two donations that combined for \$2,038, bringing the seven-year total to more than \$8,600.

The Panora Knights of Columbus has four major fundraisers each year, with 100 percent of the net proceeds distributed to charity. Fundraisers include a St. Patrick's Day dinner, dance and auction, a golf tournament each July, and a food booth at the annual Panorama Days celebration in August.

Probably the best known is the Tootsie Roll drive conducted at Panora's four-way stop on the three major holidays each summer. Group members station themselves at the corner, taking cash donations and offering Tootsie Rolls to those who donate.

In September, the group gave Timber Creek Charities \$1,000 that was raised from the July golf tournament. In December, another check for \$1,038 was presented as a result of the Tootsie Roll sales.

Also in 2009, the Guthrie Center Knights of Columbus donated \$360 to Timber Creek Charities.



Cindy McCarty receives a \$1,000 check from Jerry Suther of Panora, a Knights of Columbus District Deputy and member of the Panora Knights of Columbus.



LONG-TIME FRIENDS BECOME DONORS

Donations to Timber Creek Charities come from many sources. While corporate and foundation donations and grants are critical to the charity, the largest income category each year is individual donations.

In 2009, a total of more than \$86,000 was raised for Timber Creek Charities, with \$36,000 in individual donations representing 42 percent of the total.

Harold "Buck" Wheeler and his wife Anne of Pleasant Hill are among the dozens of individuals who have been consistent supporters of Timber Creek Charities.

The couple has been friends with Cindy McCarty and her husband Bill for more than 30 years, having first met when Bill and Buck served together in the Army Reserves.

"Because of our friendship with Bill and Cindy, we've known about Timber Creek since the beginning," says Anne. "We know two young boys who received therapy at Timber Creek so know firsthand the help available there."

The Wheelers, who are both retired teachers, make their donations through the Community Foundation of Greater Des Moines, and designate the money to go to Timber Creek Charities.

"We think this is a very worthwhile cause. We know there are people who would benefit from therapy at Timber Creek but don't have the necessary funds. We think this is a wonderful program, and donating is our way of helping make sure it can continue," Anne says.

While Anne and Buck are friends with Cindy and Bill, this is about more than friendship. "We prefer to donate to things we know will benefit the central Iowa community, and we think Timber Creek Charities fits that description," Anne says.

CALIFORNIA COMPANY DONATIONS REACH \$18,000 OVER SIX YEARS

A friendship between Jim Washburn and Cindy McCarty that began as children in a Guthrie Center neighborhood continues to pay dividends for Timber Creek.

Washburn graduated from Iowa State University with a degree in construction engineering and moved to California. He manages the Southern California Region for DPR Construction, Inc. Washburn's office is one of 12 regional offices that focus on commercial and industrial projects.

When McCarty was designing the Timber Creek Therapies building, Washburn helped with the floor plan, connected her with an Iowa architect and offered advice.

In 2009, and in six of the last eight years, Washburn has secured \$3,000 grants from DPR Construction for Timber Creek Charities.

When Washburn comes to Iowa to visit family, he often stops at Timber Creek. "I am always amazed how the Timber Creek staff and volunteers convey such a warm feeling," Washburn says. "The patients feel a connection to the staff, the horses, the other animals and the rural setting."

ADAIR COMPANY MAKES THIRD CONTRIBUTION TO TIMBER CREEK

For the third time, the charitable arm of Owner Revolution, Inc., of Adair, made a donation in 2009 to Timber Creek Charities.

In May, Connor Church of Atlantic presented a check for \$500 to Cindy McCarty. The money was given to help purchase an automatic defibrillator.

Two earlier contributions from Owner Revolution Foundation came in 2007, the first for \$1,700 and the second for \$800.

"Once again we are humbled by the generosity of Owner Revolution and their continued support of Timber Creek Therapies," said McCarty. "By being able to purchase a defibrillator, we have another tool that will help us provide better, possibly life-saving care to our patients in an emergency situation."

In fall 2006, CEO Mike Downey told the 120 Owner Revolution employees he wanted to use some of the companies' profits to help fund charitable ventures in the area. The program is continuing under a new CEO and president, Don Hudak.



Connor was born 13 weeks early and has cerebral palsy. He has been receiving therapy at Timber Creek since October 2003. Connor's father, Brian Church, is a project engineer at Plastic Professionals in Atlantic. Other Owner Revolution companies are Connect-A-Dock in Atlantic and Schafer Systems in Adair.

"If it weren't for Timber Creek, Connor wouldn't be where he is today," Brian said. "When he first started here, he couldn't walk and could barely hold himself upright because he just didn't have enough trunk strength."

Connor makes the 80-mile roundtrip from Atlantic to Timber Creek weekly. He spends the first half-hour on horseback as a Timber Creek staff member guides him through a series of exercises. The next half-hour is spent in the pool with Sue Behrens, the physical therapist who has been providing therapy to Connor for six years. Behrens also works with Connor twice a week at his Atlantic home.

Connor is in the second grade at Washington Elementary in Atlantic. His mother, Debra Church, is going to college to become a registered nurse and works part-time at the YMCA in Atlantic. Little sister Camryn rounds out the Church family.



Connor Church of Atlantic holds a check for \$500 that was donated by Owner Revolution Foundation to Timber Creek Charities. He's shown with Cindy McCarty.

ANNUAL GOLF TOURNAMENT RAISED \$30,000 IN 2009

The eighth annual Timber Creek Charities golf tournament held July 18 raised more than \$30,000. A total of 32 four-person teams competed in the best-ball tournament held at Lake Panorama National. The tournament was the single largest source of funds for Timber Creek Charities in 2009.

Four corporate sponsors provided a total of \$16,000. Brokers International Ltd. had donated \$4,000 each year since the first tournament in 2002. In 2009, that company's donation increased to \$5,000.

AmerUs was a major sponsor in 2005 and 2006 with \$4,000 donations. The company, now Aviva USA, continued that tradition in 2007 and 2008, then increased its donation to \$5,000 in 2009.

American Equity donated \$4,000 each year since the first tournament in 2002. In 2009, the company donated another \$2,000.

A new \$4,000 sponsor in 2009 was American Retirement Systems and its founder Kevin Wingert, who serves on the Timber Creek Charities board of directors.

Additional funds were raised through the sale of mulligans, a guessing game, and a "beat the pro" contest. John Dinnebier, Lake Panorama National general manager and director of golf, sold his shots on a par-3 hole for \$20 with all proceeds going to Timber Creek Charities.

Twenty companies and individuals donated \$100 each to become tee box sponsors. Golfers participated by paying \$75 each for lunch, golf, prizes and dinner. Another 50 supporters, including Timber Creek patients and their families, attended the dinner.

After dinner, patient Angie Laabs and her mother, Lana Laabs, each spoke about how therapy at Timber Creek helped Angie recover from a stroke. In summary, Lana declared Timber Creek as the "best therapy place on earth."

Jessie Evans, mother of Collin Evans, told of Collin's physical and developmental delays following a premature birth and brain bleed. She said Collin has made great progress because of the therapy he has received at Timber Creek. "There are no words to express our gratitude for all the things Timber Creek has done for us," she said. "Collin wouldn't be where he is without you."



John Dinnebier, LPN general manager and director of golf, helped with the fundraising by selling his shots on a par-3 hole for \$20.



Angie Laabs and her mother Lana Laabs talked about how therapy at Timber Creek helped Angie recover from a stroke.



Aviva USA provided a \$5,000 donation to Timber Creek Charities at the 2009 golf tournament. Representing Aviva USA were, left to right, Chris Littlefeld, CEO, and Mike Miller, chief general counsel.



Roger, Kelly, and Bill McCarty were honored for the Brokers International Ltd. \$5,000 donation as a major sponsor of the tournament.



Kevin Wingert, who serves on the Timber Creek Charities board of directors, is shown being recognized for American Retirement Systems' \$4,000 donation as a major sponsor of the tournament.

The year's activities were highlighted in a slide show. A charity auction followed, netting more than \$12,000.

Auction items were donated by Sue Behrens, Bill and Rita Bergman, Ken Bose, Bev Curtis, Donna DeShaw, Gloria Ekins, Eileen Goodrich, Iowa Hospice, Meg Johnston, Merv and Barb Krakau, Brian and Kathy Lage, Lake Lumber, Joe and Dee Lindholm, Bill and Cindy McCarty, Julia McCarty, Mike Miller, Ed and Bev Myers, Chris and Julie Nelson, GiGi Nelson, People's Trust & Savings Bank, Jodie and Rick Pettit, Tom and Cindy Redfern, Ross Rumelhart, Marilyn Washburn, and Jim and Carol Wendl.

Auction items were purchased by Mike Bauer, Sue Behrens, Rita and Bill Bergman, James and Joni Carstens, Chris Conroy, Gloria Ekins, Patrick and Laura Flinn, Becky Gruening, Bill and Marcia Hackfort, Dennis and Sheila Hall, Jim and Molly Gerlich/Hartman, Barb Hoehne, Matt and Lori Hofmeyer, Mitch and Kim Johnk, Merv and Barb Krakau, Angie Laabs, Mike and Lana Laabs, Bill and Cindy McCarty, Julia McCarty, Kaleb McCarty, Kelly McCarty, Alfred and Sally Meixner, Doug and Renita Meredith, Mike Miller, Dan and Diane Owen, Karen and Dean Seley, David and Janice Steffen, Paul and Linda Wendl, Anna Wilson, and Kevin and Lisa Wingert.

Tee box sponsors were Brokers International Ltd.; American Equity; American Retirement Systems; Aviva USA; JoAnn Slater in memory of Jerry Slater; Meriwether, Wilson & Company, PLC; Michael Ham, J. Michael Advisors; The Nelsons—Chris and Julie, Zach, Jordan, Connor and Rylan; The Mowreys; Yale Tiling, Dale and Buffy Louk; Guthrie County State Bank; Medicap Pharmacy; Venteicher Electric; Iowa Hospice; BIFS—Brokers International Financial Services; In Honor of Aubrey McCarty; In Memory of Don McCarty; In Memory of Wilson Mikkelsen; Preferred Physical Therapy/Sue Behrens; Hemphill & Associates, Doug and Deb Hemphill; Doug and Wanda Smith; AMVC—Audubon Manning Vet Clinic; Wingert Kids; Dr. John and Jennifer Dille; and People's Bank.

A bonus to the money raised during the tournament was more than \$4,300 that came into Timber Creek Charities as individual donations in response to letters sent soliciting golf teams and sponsors.

The ninth annual Timber Creek Charities golf tournament will be held July 17, 2010.

FALL FESTIVAL BENEFITS TIMBER CREEK CHARITIES

An estimated 200 people attended the Timber Creek Fall Festival Sunday, Sept. 27, at the Guthrie County Fairgrounds. About \$1,000 was raised for Timber Creek Charities.

The main event was a program in the horse arena. The Raccoon River Riders Equestrian Drill Team opened with a high-energy performance. The team has been performing around central Iowa since 2002, honoring the nation's military at numerous rodeos, county fairs, horse shows, parades and fundraisers.

Team members wore shirts with stars representing each of the 50 United States. The team included 16 riders, ranging in age from 10 to 60-plus.

The equestrian drill team members performed a seven-minute routine that had the horses and their riders crisscrossing and circling the arena at a gallop. Team members donated their time to the Timber Creek Charities fundraiser.

Following the Raccoon River Riders, three teams of draft horses from the South Central Iowa Draft Horse and Mule Association maneuvered an obstacle course. Mark and Mary Bower of Coon Rapids helped organize this event. In addition, eight horses and riders competed in a costume contest, and several horses representing a variety of breeds were shown.

The fall festival also featured a petting zoo, the opportunity to have a temporary tattoo applied, children's games and food items.



Sydney Neal holds a baby pig at the petting zoo. Sydney is the daughter of Allen and Tawnya Neal of Stuart.



Jean Rozell of Bagley drove a team of Percheron geldings as part of a draft horse demonstration.



The Raccoon River Riders Equestrian Drill Team performed at the Timber Creek Fall Festival.

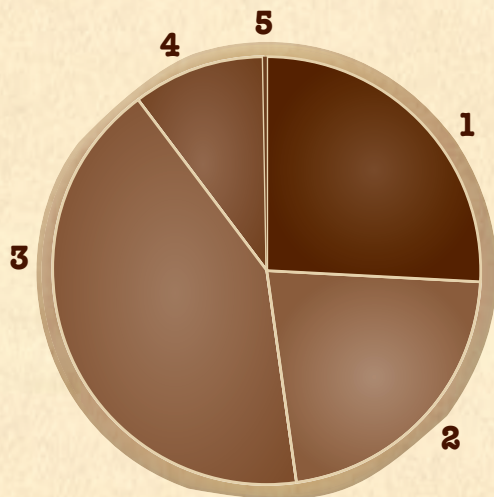
TIMBER CREEK CHARITIES

2009 FINANCIALS

SUMMARY OF INCOME FOR THE YEAR ENDED DECEMBER 31, 2009

	<u>Amount</u>	<u>%</u>
1 Corporate Donations	\$ 22,225	26%
2 Foundation Donations & Grants	18,837	22%
3 Individual Donations	36,056	42%
4 Golf Outing Fees	8,833	10%
5 Interest Income	225	0%
Total Income	\$ 86,206	100%

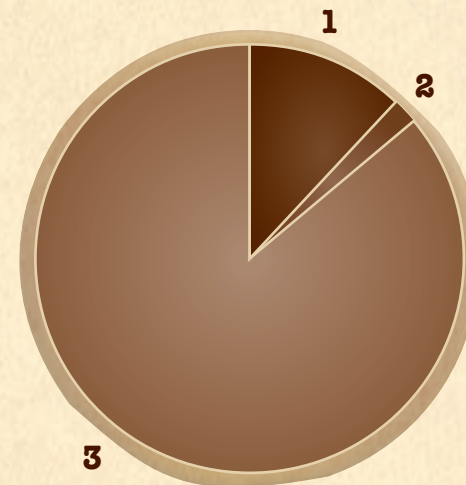
INCOME



SUMMARY OF EXPENSES FOR THE YEAR ENDED DECEMBER 31, 2009

	<u>Amount</u>	<u>%</u>
1 Fund-raising	\$ 8,833	12%
2 Administrative	1,878	2%
3 Program Expenses	65,365	86%
Total Expenses	\$ 76,076	100%

EXPENSES



TIMBER CREEK CHARITIES 2009 DONORS

\$1,000 AND UP

Variety—The Children's Charity of Iowa	\$10,000
Aviva USA Corporation	\$5,000
Brokers International, Ltd.	\$5,000
American Retirement Systems/ Kevin & Lisa Wingert	\$4,000
Sue Behrens/Preferred Physical Therapy	\$3,000
DPR Construction, Inc.	\$3,000
Becky Elliott	\$2,500
Guthrie County Community Foundation	\$2,500
St. Cecilia Knights of Columbus/Panora . . .	\$2,038.63
American Equity Investment Life Insurance Co.	\$2,000
Greater Des Moines Community Fund (on behalf of the Wheeler Family Fund) . . .	\$1,500
Dalton Huston Memorial Fund	\$1,000
Owen Livingston Family	\$1,000
John Otto/Jody Lorence	\$1,000
Colin Powell	\$1,000

\$500—\$999

Twila Seley Memorial Fund	\$840
Douglas & Wanda Smith	\$700
Rita Bergman in Memory of Don Gillespie . . .	\$600
Danish Brotherhood Lodge #15 & Members . .	\$553
FISERV Foundation	\$500
Merv & Barb Krakau	\$500
Al & Sally Meixner	\$500
Barb Moats	\$500
Owner Revolution Foundation	\$500

\$100—\$499

Guthrie Center Knights of Columbus	\$360
Dennis Schreck	\$350
Duane & Joyce Spicer	\$350
Rene Kies	\$300
John & Jean Matovina	\$300
Mr. & Mrs. Ray Lenz	\$250
Manning Community Funds	\$250
Clair C. Coughlin Trust, Bruce & Mary Coughlin, Trustees	\$200

Jim & Julie Gerlach	\$200
Kiwanis Club of Atlantic	\$200
Duane & Jean Swanson in Honor of Collin Schultes	\$200
Russ Wagner	\$200
Guthrie County Fair Board	\$150
Kim Mascaro/K&R Farrier Service	\$150
Keith & Pam Hoffman	\$125
GiGi Nelson	\$110
Steve & Ruth Allen	\$100
AMVC/Dr. Jodie Pettit—Golf Tee Box	\$100
Naomi Barks	\$100
Brokers International Mountain States/ John & Michelle Davis—Golf Tee Box	\$100
Bryton Insurance/Chris Arganbright— Golf Tee Box	\$100
Leona Burkhardt	\$100
Keith Cline—Golf Tee Box	\$100
Dr. John & Jennifer Dilley—Golf Tee Box	\$100
Craig & Vickie Ditsworth—Golf Tee Box	\$100
Dowd Drug/Jim & Janice Vandevanter— Golf Tee Box	\$100
Ryan, Jessie & Logan Evans in Honor of Collin Evans—Golf Tee Box	\$100
Joel Gooch	\$100
Guthrie County State Bank—Golf Tee Box	\$100
Hemphill & Associates/ Doug & Deb Hemphill—Golf Tee Box	\$100
Howey & Patsy Hockenberry in Honor of Faith Hockenberry	\$100
Hometown Foods/Tom & Becky Reinhart— Golf Tee Box	\$100
Julia McCarty	\$100
Medicap/Panora—Golf Tee Box	\$100
Tamra Milligan	\$100
Pat & Deb Moylan—Golf Tee Box	\$100
Chris & Julie Nelson—Golf Tee Box	\$100
Jeff & Trisha Nelson—Golf Tee Box in Honor of Kasey Nelson	\$100
Mr. & Mrs. David Otto	\$100
Dena Owens	\$100

People's Trust & Savings Bank—Tee Box	\$100
Barbara Rinell	\$100
Mr. & Mrs. Tim Rock	\$100
Scott's Raccoon River Retrievers/ Scott Kemble—Golf Tee Box	\$100
JoAnn Slater—Golf Tee Box in Memory of Jerry Slater	\$100
Veinteicher Electric/Steve & Mary Jane Veinteicher—Golf Tee Box	\$100
Junior & Marilyn Washburn	\$100
Carol Weigel—Memorial for Lyle Weigel	\$100
Jim & Carol Wendl	\$100
Paul & Linda Wendl	\$100
Sandra Wilkinson—Golf Tee Box in Memory of Ron Wilkinson	\$100
Dave & Wanda Wolf	\$100

UNDER \$100

Randy & Carol Hansen	\$75
US Sunbeams 4H Club	\$75
Lila Brelsford in Honor of Kamryn Brelsford . .	\$50
Community Heritage Society/ Elk Horn-Kimballton	\$50
Guthrie Center Mizpah Rebekah Lodge No. 92 . .	\$50
Richard & Tracy Johnston	\$50
Lewis Ravishing Red Hat Ladies	\$50
Lenore Mikkelsen	\$50
Maggie Muller	\$50
Tim & Carrie O'Brien	\$50
Christie & Tim Pierce in Honor of Bill McCarty .	\$50
Nancy Thompson	\$40
Eileen Goodrich	\$25
Sandra Lowe	\$25
Rina McCool	\$25
Howard & Betty Merryman	\$25
Kathleen Hoegh	\$10
Judith Meehan	\$10
Ed & Nancy Myers	\$10
Tom & Cindy Redfern	\$10

A number of donations are not reflected in the donor list due to the "goods and services received" tax laws. Timber Creek would like to acknowledge the hundreds of hours of service donated by volunteers, the wonderful items donated to and purchased at the golf tournament charity auction, the registration fees for golfers, and those who bought tickets to the dinner and auction. All of these donations are very helpful to the cause at Timber Creek Charities and much appreciated!

TIMBER CREEK CHARITIES BOARD OF DIRECTORS

Members of the Timber Creek Charities Board of Directors do not receive any compensation.



Rita
Bergman



George Dimitri



Craig
Ditsworth



LouAnn
Mowrey



Carrie O'Brien



Dr. Jodie
Pettit



Jim
Stafford



Carol
Wendl



Kevin
Wingert



Sue
Behrens



Kim
Johnk

**OFFICERS ARE NONVOTING
MEMBERS OF THE BOARD.**

MEMBERS OF THE BOARD

Rita Bergman
Denver, Colorado
Bergman is a retired
home healthcare
businesswoman.

George Dimitri
Chicago, Illinois
Dimitri is a sales
consultant for
Pella Windows.

Craig Ditsworth
Panora, Iowa
Ditsworth is a
retired CPA.

LouAnn Mowrey
Carroll, Iowa
Mowrey is director
of the Family
Resource Center.

Carrie O'Brien
Panora, Iowa
O'Brien is nursing
supervisor for general
pediatrics, pediatric
hematology and oncology,
Blank Children's Hospital.

Dr. Jodie Pettit
Audubon, Iowa
Pettit is a veterinarian.

Jim Stafford
West Des Moines, Iowa
Stafford is vice president
of account services for
Strategic America.

Carol Wendl
Panora, Iowa
Wendl is an attorney.

Kevin Wingert
Panora, Iowa
Wingert is founder of
American Retirement
Systems.

OFFICERS

Sue Behrens
President. Behrens is
a physical therapist
at Timber Creek.

Kim Johnk
Secretary. Johnk is
a physical therapist
at Woodward State
Hospital.

TIMBER CREEK THERAPIES FEATURED ON METRO WOMAN TV PROGRAM

Timber Creek Therapies was featured on the Aug. 16, 2009, edition of “Metro Woman,” a Des Moines-area, half-hour television program. Viewer response was so strong, the episode aired several more times.

The show was taped at Timber Creek on July 30. Cindy McCarty was interviewed on the development, operations and functions of Timber Creek, plus the use of horses for both physical and speech therapy. Therapy sessions were taped and “Metro Woman” host Tam Milligan was shown on a horse.

Timber Creek received many positive comments after the show aired, plus some new referrals and volunteers.

The program also led to a donation by Colin Powell, retired four-star general and 65th U. S. Secretary of State under President George W. Bush.

Powell was in Des Moines to speak at a seminar and saw the “Metro Woman” program in his hotel room. During his speech the next morning, he mentioned Timber Creek and how lucky Iowans are to have such a facility that offers hippotherapy.

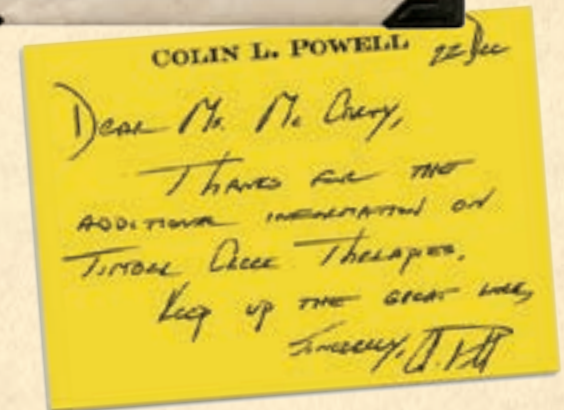
Several people in attendance at the seminar contacted Timber Creek to report the accolades. McCarty sent a letter thanking him for the recognition, along with a DVD of the “Metro Woman” program, the 2008 Timber Creek Charities annual report and an invitation to visit.

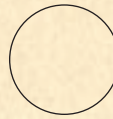
On Dec. 30, a hand-written note arrived with his personal check for \$1,000. It read:

Dear Ms. McCarty – Thank you for the additional information on Timber Creek Therapies. Keep up the great work. Sincerely, Colin Powell.

Attached is a DVD of the “Metro Woman” program featuring Timber Creek. The program is produced by Bill Brown of Dashboard Productions. It airs Sundays on ABC 5 at 11:30 a.m., plus twice a week on Mediacom Connections Channel 22.

For more information, go to <http://www.metrowoman.tv/>.





HOW CAN YOU HELP?

Send your tax-deductible contribution to:

Timber Creek Charities
2400 Poplar Avenue
Guthrie Center, IA 50115

Or call 641-747-3225 to see if there is a need you can fill,
either with a designated monetary contribution or by
volunteering your time and talent.

CONTRIBUTIONS

Special thanks to the following companies for the creation
and production of this annual report:

STRATEGIC AMERICA
EDWARDS GRAPHIC ARTS
FIELD PAPER CO.
BINDERY 1 DATA SOLUTIONS
DASHBOARD PRODUCTIONS
CHAMPIONSHIP PRODUCTIONS

 **TIMBER CREEK CHARITIES** 